

Client \_\_\_\_\_ Date \_\_\_/\_\_\_/\_\_\_

**Core Competency # 1 – TYPES OF ABUSE**

Check any of the forms of abuse you have participated in your intimate relationships;

- #1 – Physical abuse
- #2 – Psychological abuse, including terrorizing and threatening others
- #3 – Verbal abuse
- #4 – Spiritual abuse
- #5 – Cultural abuse
- #6 – Sexual abuse
- #7 – Economic abuse
- #8 – Abuse of property of pets
- #9 – Stalking
- #10 - Any behavior that puts others at risk
- #11 – Electronic/online, social media abuse

How did your use of these abusive behaviors impact others?

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What alternatives behaviors to becoming abusive are you developing while attending treatment?

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